Ballad Health will be providing doula services, and hiring two certified peer recovery specialists to work with women enrolled in our Strong Starts program.

COUNTIES SERVED:
- Sullivan
- Hawkins
- Cocke
- Unicoi
- Washington
- Johnson
- Carter
- Greene
- Hancock
- Hamblen

TARA CHADWELL
(423)431-4891
Tara.Chadwell@balladhealth.org
https://www.balladhealth.org/resources/strong-starts
CATHOLIC CHARITIES OF EAST TENNESSEE OPERATES PREGNANCY HELP CENTERS, SERVING CLIENTS IN 15 DIFFERENT COUNTIES AT 6 EAST TENNESSEE LOCATIONS. THEY OFFER PREGNANCY AND STI TESTING, PRENATAL EDUCATION, A 24-HOUR CRISIS SUPPORT LINE, TRANSPORTATION, LEP SERVICES, AND LACTATION SUPPORT.

**Serving:**

Anderson, Bledsoe, Blount, Campbell, Carter, Claiborne, Greene, Hamblen, Hamilton, Hancock, Hawkins, Johnson, Knox, Loudon, Monroe, Rhea, Roane, Scott, Sullivan, Unicoi, Union, Washington

**Paul Ritter**
(865) 684-1899
paul@ccetn.org
https://ccetn.org/
Douglas-Cherokee Economic Authority will be providing tangible supplies—specifically diapers and related items, such as wipes and creams to low income families. They will offer healthy baby kits to families through the county’s sole hospital and provide referrals to other community healthcare partners.
Fairview Housing offers transitional/emergency housing, permanent placement, and wrap around case management services for expectant and post-partum mothers. The program offers transportation and child care assistance, and seeks to help clients increase their employability, promoting financial independence.
OPTIONS OFFERS FREE EDUCATIONAL CLASSES, MATERIAL ASSISTANCE, ASSISTANCE WITH ACCESS TO MENTAL HEALTH AND COUNSELING NEEDS, AND HOUSING/RENTAL PAYMENT ASSISTANCE FOR FAMILIES IN NEED.
Ridgeview’s Strong Families program provides mental health care, medication management, perinatal nutrition education, transportation to healthcare appointments, housing assistance, basic needs items, referrals to community partners, employability skills, SUD treatment, and psychoeducational support groups.

MELODY MORRIS

(865) 482-1076
morrisml@ridgeview.com
https://www.ridgeview.com/

Counties Served:
Anderson, Campbell, Fentress, Morgan, Roane, Scott, Union
THANK YOU!

NORTHEAST REGION

https://sworps.org/index.php/technology/tennessee-strong-families-support-team/

(844)877-9677
strongfamilies@utk.edu

TN Strong Families Support Team
MEET & GREET

WEST TN
MyBaby4Me is a zip-code targeted initiative that serves expectant mothers and their families who live within the 38126 zip code of Memphis, Tennessee. The program focuses on addressing gaps in the economic, social, and behavioral determinants of health. The clients will receive access to nutritious food, breastfeeding support, transportation services, housing and utility assistance, baby items, access to employment and education support, and guidance with navigating health services.
CCWTN will provide direct services and programs to clients through their Tiny Blessings Program. Tiny Blessings is an outreach program for families with infants that offers baby essentials such as formula, diapers, wipes, and baby food to caregivers who may need assistance. Strong Families funding will support the addition of case management and housing support services to their program.

Serving:
Shelby & Madison Co.

Toni Johnson

(901) 722-4742
toni.johnson@ccwtn.org
https://ccwtn.org/
CCMM offers Continuum of Care wrap around support services, including pregnancy, adoption, and parenting education, as well as workforce, housing and childcare assistance. The dietician on staff offers nutritional support for expectant mothers and their children. Material assistance such as diapers, clothing, car seats, food, transportation, and utilities are also offered.

CATHY WATERBURY

(901) 476–6528

cathy@confidentialcaremm.org

https://www.confidentialcaremm.org/
Hannah’s Hope provides pregnancy counseling and counseling beyond delivery. They also help build families through adoption.

Serves all 21 counties of West TN

Sara Vonderheide

(731) 234-4869

sara.hannahshope@gmail.com

www.hannahs-hope.org
Memphis CHILD is the medical-legal partnership of Le Bonheur Children's Hospital. We offer free legal representation and social work services to low-income families facing a civil legal issue impacting the health of a Le Bonheur patient.

Haley Greenwell
(901)287-4790
haley.greenwell@lebonheur.org
https://www.lebonheur.org

COUNTIES SERVED: SHELBY
The Early Success Coalition’s program focuses on increasing accessibility to perinatal mental health and doula services, while also providing material and emergency supports for families in need.

Serving: Shelby County

KELLIE SPILLMAN

Phone: (901) 577-2500
Email: kspilman@porterleath.org
Website: https://www.porterleath.org/
The TN Strong Families program will address many of the SDOH (Social Determinants of Health) factors that may contribute to the high IMR/MMR in the Shelby County area. The mothers served are predominantly minority, low-income, and under-resourced. Other factors impacting outcomes are low-paying jobs, food deserts, lack of public transportation, lack of safe and affordable housing, and limited areas for physical activity. All of these factors have contributed to health disparities experienced by residents and result in higher than average rates of chronic health conditions and illnesses. The TN Strong Families program will address some of the factors impacting access to care.
A Mother’s Love is a program designed to treat pregnant women with opioid use disorder. The program goals are to safely detox pregnant women from opioids, provide integrated and holistic treatment for addiction and co-occurring disorders, and foster, promote, and support an environment of safety and healthy change for mothers and babies. They offer case management, transportation to appointments, and recovery skills groups, in addition to housing and employment search support.

https://aspellrecovery.com/about/programs/
THANK YOU!

WEST TN

https://sworps.org/index.php/technology/tennessee-strong-families-support-team/

(844)877-9677  strongfamilies@utk.edu
Beating Hearts will be providing assistance with transportation, rental payments, and utility payments. They will also provide prenatal and parenting education, doula support and basic needs for families, such as diapers, wipes, and formula.

FELICIA PATTERSON
(731) 415-8765
beatingheartshelpcenter@gmail.com
http://www.beatingheartshelpcenter.com/
The Strengthening Families Program assists mothers and families in need by providing basic care items (clothing, food, diapers, rent assistance, utility assistance, etc.) and online and in-person education courses for parenting, labor and delivery, infant care, and life skills. They also offer mental health counseling and long-term case management services.

DR. DEAANNA WEBSTER  
Fax: (615) 760-4421  
Email: dwebster@cctenn.org  
Website: https://cctenn.org/ 

Serving: Coffee, Davidson, Maury, Montgomery
HOPE CLINIC FOR WOMEN’S BRIDGE PARENTING SUPPORT PROGRAM SERVES UNINSURED, LOW-INCOME WOMEN AND MEN WHO ARE EXPERIENCING UNPLANNED PREGNANCIES. SERVICES CAN BEGIN AT THE TIME OF THE INITIAL PREGNANCY TEST THROUGH THE BABY’S FIRST YEAR OF LIFE. THE PROGRAM ENCOMPASSES EARLY PRENATAL CARE, PREGNATAL AND PARENTING EDUCATION, MENTORING, REFERRAL LINKAGE, LACTATION SUPPORT, DOULA SERVICES, A 24/7 NURSE LINE, PROFESSIONAL COUNSELING AND SUPPORT GROUPS, AND MATERIAL SUPPLIES.

KAILEY CORNETT
✉️ kcornett@hopeclinicforwomen.org
📞 (615) 627-2793

Counties Served: Davidson, Montgomery, Rutherford, Sumner, Williamson, Wilson
While all women in need will be welcomed into the Mending Hearts Project, it will primarily focus on African American women in the Nashville area who misuse substances and are pregnant or recently gave birth. The program focuses on improving accessibility to services by providing pregnancy support for women who are at-risk due to substance use and other social determinants of health. Childbirth education, doula services, breastfeeding support, employability training, transitional housing, and childcare are all included in the focus of the program.
Nurses for Newborn’s home visitation program aims to implement evidence-based strategies to reduce infant mortality rates and mitigate the prevalence of child abuse and neglect in Middle Tennessee communities. We thoroughly address health education and provide resources on various topics, including specific medical needs, breastfeeding and bottle feeding, child safety, domestic violence, mental health care, and parenting skills.

Matt Robertson  
(615) 313-9989  
matt.robertson@nursesfornewborns.org  
https://nursesfornewborns.org/tennessee/
Nurture the Next is a state chapter affiliate of Prevent Child Abuse America and accredited by Healthy Families America to provide evidence-based home visiting services. With TN Strong Families Grant funding, we will be able to increase service access to families that score high on depression and anxiety screens. The goals of the home visiting services are to lower suicide risk for post partum parents, teach conflict resolution skills, and build family connectedness.

Serving:
ANDERSON, BLEDSOE, BRADLEY, CLAIBORNE, DAVIDSON, FENTRESS, GRUNDY, MARION, HAMBLEN, McMinn, MEIGS, MONROE, POLK, RHEA, RUTHERFORD, SCOTT, SEQUATCHIE, WILSON, UNION

https://www.nurturethenext.org/
Portico is a Pregnancy Resource Center that provides pregnancy tests, ultrasounds, STI testing and treatment, parenting education, and material assistance. We also provide sexual risk avoidance education in the Rutherford County schools.

Laura Messick
(615) 893-0228  laura.messick@porticostory.org
https://porticostory.org/

Rutherford, Cannon, Davidson
Pregnancy Care Center offers pregnancy testing, ultrasound services, options counseling, parenting education, and material assistance.

**COUNTIES SERVED:**

**DAVIDSON, WILSON, SUMNER**

**TABITHA JENKINS**

(615) 773-4673

`tabitha@pregnancycarecentertn.com`

[https://pregnancycarecentertn.com/](https://pregnancycarecentertn.com/)
Neighborhood Health offers housing, referral linkage for gaps in service, maternal healthcare accessibility, support for LEP populations, education on parenting and infant health, transportation, and emergency food for families in need.
THANK YOU!

MIDDLE TN

🌐 https://sworps.org/index.php/technology/tennessee-strong-families-support-team/
📞 (844)877-9677    💌 strongfamilies@utk.edu
Crossroads Pregnancy Clinic offers early prenatal care (pregnancy tests, options counseling, obstetrical ultrasounds, vitamins, and connection to partnering OBs), prenatal and parenting education, mentoring, referral linkage, mental health support, and practical material supplies.

AMANDA CURTIS

(931) 993-4250
amanda@cpregclinic.org
https://www.crossroadspregnancyclinic.org/
Foundation House serves pregnant or parenting homeless young women and their children by providing housing, transportation, nutritious food, trauma-informed care, case management, court advocacy, physician care, and increased access to government and local agencies. The overarching goal of Foundation House Ministries’ Life Foundations Program is to equip and empower young mothers to establish physical, mental, emotional, economic, social, and parental stability.

LISA HOLMES

(423) 464-5351
lisah@foundationhouseministries.org
https://foundationhouseministries.org

COUNTIES SERVED:
BRADLEY, POLK, HAMILTON, RHEA, MEIGS, MONROE, McMinn, MARION, SEQUATCHIE, BLEDSOE, KNOX
FULL CIRCLE WILL BE PROVIDING MATERIAL SUPPLIES, EDUCATION, CONNECTION TO AREA RESOURCES, AND MENTORSHIP FOR WOMEN EXPERIENCING PREGNANCY THROUGH THE 1ST YEAR OF THEIR CHILD’S LIFE.
Clínica Médicos’ services range from chronic management of diabetes and hypertension, in-office minor surgery, x-ray and ultrasound for acute injuries. Other services include skin surgeries, upper endoscopy, point of care laboratory, vaccines, preventive and public health services, and women’s health regardless of insurance status or age.
Our approach is to establish a seamless connection between our users and a wide array of services available in our community. Some of these connections will include mentorship, medical care, options counseling, parenting support and classes, childcare and housing assistance, food assistance, and referrals for legal advice and addiction counseling programs.
THANK YOU!

TN VALLEY

https://sworps.org/index.php/technology/tennessee-strong-families-support-team/

(844)877-9677   strongfamilies@utk.edu