

Resources for Thenatal Loss and Grief



Book Resources for Children





The Invisible String by Patrice Karst

Podcasts



The Joyful Mourning

Miscarriage Hope Desk

Life, Love, and Loss

Voices of Baby Loss

Dad Still Standing

Book Resources for Adults



Trying Again: A Guide to Pregnancy After Miscarriage, Stillbirth, and Infant **Loss by** Ann Douglas





Compassionate Supporting Family After a Child Dies

* Local chapters throughout ΤN

* Online support and Facebook groups

* Resources for families, friends and coworkers of mothers who experience loss

Georgetown University School of Nursing

Evidence-Based resources and literature on self-care and emotional healing after miscarriage and loss. This guide includes action steps for recovery, information for the future, and healing principles for individuals, couples, and

INTERNATIONAL

POSTPARTUM SUPPORT (1-800-944-4773

PSI has a Helpline (available in English and Spanish) for individuals experiencing the loss of a pregnancy, infant, or child. They also offer support groups, peer mentors, and a provider directory.

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